

GLUTEN FREE

CURRY BOWLS

WITH RICE!

chicken 13.95

nee-ma's chicken curry
chicken khurana
chicken tikka masala
garlic chilli chicken **hot!**
homestyle chicken curry

seafood 14.95

goan fish curry
prawn nilgiri

lamb 14.95

delhi lamb curry
railway cabin lamb **hot!**
green lamb curry
keralan lamb curry
lamb chettinad **hot!**

veggie side main
6.25 11.95

tarka daal
black butter lentils
saag paneer
chickpea curry
bangin' baigan
five spice aloo
veggie curry

SALAD BOWLS

(MINUS THE CRISP HERB NAAN)

luscious lamb 13.95
chicken quinoa 12.95
avocado, chickpea & paneer 12.45

THE THALI

WITH RICE ONLY

thali or tamatanga thali 17.95 / 19.95

CLAY OVEN

WITH RICE ONLY

first-class lamb chops 15.95
tamatanga salmon 16.95
tandoori chick-chicken 14.95
the tama feast 18.95
veggie heaven 14.95

BIRYANI BOWLS

chicken 12.95
lamb 13.95
veggie 11.95

LITTLE EXTRAS

side salad with dressing 2.95
raita a refreshing mix of yoghurt & cucumber 3.45
pilau rice 3.95

DESSERTS

mellow mango sorbet 4.45
really raspberry sorbet 4.45
vanilla ice cream 4.25
strawberry ice cream 4.25